



Class Schedule 2025/ 2026 (Annual Program)

The program follows the traditional school year, running from September 2025 to June 2026.

Day	Time	Class	Class Description
(NEW) Tuesday	5:00 - 5:45 pm	Pre-Ballet	Class for 4-year-olds begins Tuesday, January 6th, 2026 . Limited spots available. You must be 4 by registration. This program is for new dancers in Junior Kindergarten. It's a great way to explore ballet through music and movement before committing to a full-year program.
Saturday	1:15 - 2:00 pm	Pre-Primary	This program is for children aged 5 years old. Children will develop fundamental ballet skills through imaginative play and gentle exercises, including posture, coordination, and musicality.
Wednesday (NEW) Saturday	5:00 - 5:45 pm 11:00 -11:45 am (NEW)	Primary	• The minimum age to start Primary is 6 years old. Students must be turning 6 before registration. • Students who have had prior exposure to ballet can consider her for our program. • For Saturday class begins January 10th, 2026. Limited spots available. You must be 6 by registration.
Saturday	2:00-3:30 pm	Beginner G1	• For ages 7 and 8. No previous dance experience is required. • Students may have already passed the R.A.D. Primary exam or assessment.
Tuesday OR Saturday	5:45 - 7:15 pm 3:30 - 5:00 pm	Beginner G3	• For ages 9 + • Students must have a minimum of two years of formal ballet training experience. • Students may have already passed the RAD Grade 2 ballet exam or assessment.
Wednesday OR Sunday	5:45-7:15 pm 11:00-12:30 pm	Junior G4	• For ages 11+ • Students must have a minimum of three years of formal ballet training experience. • Students may have already passed the R.A.D. Grade 3 exam or assessment. Or equivalent ballet training.

Thursday	5:15-6:45 pm	Senior G6	Students may have already passed the R.A.D. Grade 5 exam or assessment. Or equivalent ballet training.
Saturday	11:45-1:15 pm		
Sunday	9:30 - 11:00 am		
Saturday	9:00 - 11:00 am	Advanced Ballet	- For ages 13+ - Students may have already passed the R.A.D. Inter exam or equivalent ballet training - This class is for students who have prior experience with pointe work.
Tuesday	7:15 - 8:30 pm	Adult Ballet	This class provides a gentle introduction to the fundamental principles of classical ballet. You'll learn basic body awareness, posture, ballet vocabulary, barre work, and simple center work, focusing on building strength, coordination, and technique. - Our Tuesday class is for adults who are new to ballet or have very little prior experience. It's a welcoming environment to learn the fundamentals, from basic positions to simple movements. - Our Wednesday class is for intermediate adults who have a few years of ballet experience. This is also a great option for those who trained in ballet at a younger age and are now looking to get back into it.
Wednesday	7:15 - 8:30 pm		

The school reserves the right to change its programs. Please note that you should consult the school's administration directly for the most up-to-date information regarding school schedules and requirements.